

*Adam Ostrzenski, M.D., Ph.D., Dr. Habil., Dr. Med. Honoris Causa
Professor of Gynecology and Obstetrics*

Brief Professional Profile

Adam Ostrzenski is a full university professor and the retired director of the Division of Operative Gynecology in the USA; he currently is a visiting professor at Padua University, Italy. He was trained in Poland and the USA in gynecology-obstetrics and endocrinology. He is an educator, practitioner, pelvic-reconstructive-cosmetic surgeon, an accomplished clinical-scientific researcher including female genital anatomy, and a well-published author.

Dr. Ostrzenski pioneered new surgical techniques in female genital cosmetic-plastic surgery, including corrective operations based on discoveries of several anatomical structures within the female urogenital tract. Furthermore, he also created numerous new laparoscopic-hysteroscopic, laparotomy, and transvaginal technique interventions and published them in peer-review mainstream medical journals. In addition, Prof. Ostrzenski authored educational-clinical books, and one of those books was translated into several languages with worldwide distribution.



Prof. Ostrzenski Among His Books and Articles

Dr. Ostrzenski demonstrated surgical operations around the globe. Also, he extended his research to the female urogenital anatomy, where he made several anatomical discoveries. Prof. Ostrzenski applied his groundbreaking anatomical discovery of “the urethral stabilizing mechanism” to create a new surgical treatment for female stress urinary incontinence (F-SUI) and establish sui etiology. Recently, he discovered the vaginal outlet wall anatomy that changed our thinking about vaginal outlet reconstruction and traditional episiotomy procedures. Prof. Ostrzenski also pioneered and developed several corrective interventions to restore the integrity of the urogenital tract after severe surgical complications in the female genital tract.

One of Dr. Ostrzenski's awards for surgical intervention of total vaginal prolapse with native tissues without slings or meshes won him an international competitive prize from the German-Turkish Gynecologic Society. Also, he is a laureate of the Albert Nelson Marquis Lifetime Achievement Award for contributions to medical science and recipient of other international and domestic awards and honors for his contributions to the progress in a woman's health. In 2012 and 2014, Prof. Ostrzenski's research two articles were ranked number one globally that were selected from 23 million domains. For more detailed information, please visit the websites at www.cosmetic-gyn.com or www.f-sui.com.